

# TOKYO ARIAKE UNIVERSITY OF MEDICAL AND HEALTH SCIENCES



## FACULTY OF HEALTH SCIENCES

- DEPARTMENT OF ACUPUNCTURE AND MOXIBUSTION
- DEPARTMENT OF JUDO THERAPY

## FACULTY OF NURSING

- DEPARTMENT OF NURSING

## GRADUATE SCHOOL

GRADUATE SCHOOL OF HEALTH SCIENCES

COURSE OF HEALTH SCIENCES

MASTER'S PROGRAM / DOCTORAL PROGRAM

GRADUATE SCHOOL OF NURSING

COURSE OF NURSING

MASTER'S PROGRAM



東京有明医療大学

## Overview of the University

Tokyo Ariake University of Medical and Health Sciences offers faculties and graduate schools specializing in acupuncture and moxibustion, judo therapy and nursing. The university follows a concept that fuses knowledge and practices of traditional Eastern medicine with those of Western medicine.

The university conducts in-depth teaching and research in the academic fields of health sciences and public welfare. We provide the education necessary to improve the social lives and employment prospects of our students, and facilitate their development to become professional people with high ethical values. Our goal is to create capable and superior professionals who will contribute to health care while at the same time embracing a global perspective.

### THREE PILLARS OF TEACHING



## International Exchange

One of our educational goals is to produce capable and talented individuals with a strong global perspective. Each department conducts academic exchange with overseas universities.

### History of Hanada College

- 1956: Founded by Tsuto Hanada as the Central Japan College of Acupuncture and Moxibustion and the Tokyo Advanced School of Judo Therapy
- 1963: Hanada College licensed as an incorporated educational institution
- 1979: Names changed to the Japan School of Acupuncture, Moxibustion and Physiotherapy and the Japan School of Judo-Seifuku Therapy
- 2008: License granted to establish Tokyo Ariake University of Medical and Health Sciences
- 2009: Tokyo Ariake University of Medical and Health Sciences opens
- 2011: Opening of the Affiliated Acupuncture and Moxibustion Center, Judo Therapy Center and Medical Clinic
- 2013: Graduate School of Tokyo Ariake University of Medical and Health Sciences established
- 2015: Doctoral program in the Course of Health Sciences, Graduate School of Health Sciences established



# FACULTY OF HEALTH SCIENCES

## ◆ Department of Acupuncture and Moxibustion

The Department of Acupuncture and Moxibustion has a comprehensive program that instructs students in the fundamentals of modern medicine alongside the study of acupuncture and moxibustion, which embraces the knowledge and techniques of traditional Eastern medicine. The department fosters advanced clinical skills and research-oriented thinking. During the four-year program, we cultivate the wide-ranging communications skills required of medical professionals. Students also gain clinical skills during hands-on training at the affiliated acupuncture and moxibustion center and medical clinic. We expect our graduates to not only enter the fields of acupuncture and moxibustion, but also to be active in a wide range of fields such as athletic training and public welfare.



### Diploma Policy

A degree is granted to students in the Department of Acupuncture and Moxibustion who complete the required credits and acquire the following skills and capacities:

- A broad understanding of nature, society and culture and the basic knowledge, technical skills and attitude necessary for utilizing information, communicating and understanding other cultures.
- The necessary knowledge to pass the national examination to become a licensed acupuncture and moxibustion practitioner with the basic skills—such as logical thinking, creative thinking and lifelong learning—that will allow them to become competent practitioners of acupuncture and moxibustion who actively contribute to society.
- A rich sense of humanity and a strong ethical sense, both as members of society and as medical professionals with a broad perspective that provides the flexibility to deal appropriately with any situation whether serving as a team leader or a team member.
- The combined knowledge and technical expertise to practice acupuncture and moxibustion therapy as one segment of modern medicine in the areas of healthcare, medical treatment and public welfare.

### Faculty of Health Sciences Elective Education Programs

Students in the Faculty of Health Sciences can take two elective programs: 1) the Athletic Training Education Program 2) the Health Fitness Instructor Education Program. Students can acquire the necessary knowledge and skills in exercise sciences and sports medicine through these programs.

### Athletic Training Education Program

The Athletic Training Education Program's aim is to prepare each student to become a certified athletic trainer who can function as an integral member of the health care team in high schools, colleges and universities, professional sports, sports medicine clinics and other health care settings. Students in this program study the concepts and skills to support athletes. The Athletic Training Education Program is accredited by the Japan Sports Association (JASA). Upon completion of the program the student is eligible to take the JASA certification examination to become a JASA certified athletic trainer (JASA-AT).

### Health Fitness Instructor Education Program

The Health Fitness Instructor Education Program is designed to prepare students to lead, instruct and motivate individuals or groups in exercise activities to promote healthy lifestyle. Upon completion of the program, the student is eligible to take the Health and Fitness Instructor certification examination to become a Japan Health Promotion and Fitness Foundation certified Health Fitness Instructor.

## ◆ Department of Judo Therapy

Judo therapy is a branch of Japanese traditional medicine with a history of about 1,300 years, having been developed as a mean of treating injuries associated with judo. The techniques that judo therapy practitioners use to treat bone fracture, joint dislocation, joint sprain and muscular bruise have been steadily passed down through Japanese history. Judo therapy is similar to orthopedics in some respects, but does not employ surgery or drugs. Students in this department learn these traditions and techniques and examine them from a scientific viewpoint. The department produces medical professionals who are highly educated and compassionate with a strong ethical sense. Graduates have many paths open to them in the medical, healthcare, social welfare and sports fields, such as opening a judo therapy clinic and working as an athletic trainer or healthcare service provider. They can also enter the field of research.



### Diploma Policy

A degree is granted to students in the Department of Judo Therapy who complete the required credits and acquire the following skills and capacities:

- The necessary knowledge and technical expertise to practice judo therapy
- Cultural refinement and the ethical values of medical professionals
- The mindset and communications skills of global citizens
- A scientific thought process



## International Exchange

### Learning Program (Boston, MA, U.S.A.)

We have invited Professor of Medicine Ted J. Kaptchuk and Associate Professor of Psychiatry Jian Kong of Harvard Medical School—the world's leading experts in placebo, pain and acupuncture research—to serve as guest professors.

In pursuit of the university's educational goal of producing capable and talented individuals who have a strong global perspective, we have created an overseas learning program in Boston, Massachusetts. The program includes participation in classes at the New England School of Acupuncture—the oldest graduate school of acupuncture and moxibustion in the United States—as well as tours of Harvard University, one of the world's premier education and research institutions, and attending lectures on the latest studies of Professor Ted J. Kaptchuk and Associate Professor Jian Kong.



## International Exchange

### Exchange with Yong-In University in South Korea

We have formed an exchange agreement with Yong-In University covering the sports field and medical and scientific fields.

### Learning program in Mongolia

Teaching staff and students in the Department of Judo Therapy participate in a learning program in Mongolia, where Japan's judo therapy techniques have taken root and are spreading and developing. Participation in Mongolian academic conferences and interactions with the Mongolian National University of Medical Sciences provides food for thought in many areas, such as the importance of communications skills and the proper attitude regarding the pursuit of medicine.





# FACULTY OF NURSING

## ◆ Department of Nursing

Nursing is a profession specializing in the organization and support of people's health and life, which makes nurses experts in supporting life. The Department of Nursing practices small group education, limits enrollment to fifty students per year, and is firmly grounded in the foundations of nursing. The department produces capable nursing experts who can provide nursing care that meets the needs of the client. While continuing efforts in new fields such as home care nursing and community healthcare, we are also building an educational curriculum that incorporates current advanced medical technology. In particular, the curriculum stresses professional skills. Clinical training takes place at the University of Tokyo Hospital, where students can observe cutting-edge nursing care. Training in community health nursing and home care nursing takes place at various institutions.



### Diploma Policy

A degree is granted to students in the Department of Nursing who complete the required credits and acquire the following skills and capacities:

- Basic academic capabilities acquired through the completion of basic education courses, and the capacity to engage in self-learning throughout one's lifetime.
- The ability to use one's rich sense of humanity to deepen one's world view and pursue self-discovery.
- Knowledge and skills related to nursing, and the potential to further deepen one's knowledge and skills.
- The logical thinking skills, problem-solving skills, versatility and self-management skills necessary to become part of the nursing profession.



## International Exchange

### Exchange with the National University of Singapore

The Department of Nursing has a student exchange program with the National University of Singapore (NUS). There are dynamic exchanges between the students of the two campuses as students from the department visit NUS each year while NUS students come to Japan to study the health care system and culture of Japan.



# GRADUATE SCHOOL

The graduate school, established in 2013, cultivates superior personnel who are looking to deepen their research of health sciences or nursing as a way to advance in their specific academic field and to improve health in society.

## ◆ Graduate School of Health Sciences

Master's Program	Two-year course
Doctoral Program	Three-year course

This graduate school nurtures future educators, clinicians and researchers who possess the knowledge and techniques of advanced acupuncture and moxibustion studies, judo therapy studies and modern medicine, and the ability to conduct scientific research. The goal is to establish evidence-based studies and techniques in both acupuncture and moxibustion studies and judo therapy.

### Degrees conferred upon completion of the course

Master of Acupuncture and Moxibustion; Doctor of Acupuncture and Moxibustion  
Master of Judo-Seifuku Therapy; Doctor of Judo-Seifuku Therapy

## ◆ Graduate School of Nursing

Master's Program	Two-year course
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This graduate school produces personnel equipped with excellent research and teaching skills in the areas of basic and practical nursing. At the same time, the graduate school nurtures students with the ability to collect evidence and then appropriately apply that evidence to resolve the health issues of our diversifying and changing society, so they can contribute to the development of nursing in the fields of education, research and clinical care.

### Degrees conferred upon completion of the course

Master of Science in Nursing

## Affiliated Medical Facilities

The medical facilities affiliated with the university are used for medical treatments for people in the community as well as for practical training for our students. The qualities necessary for health care professionals are fostered through hands-on training.



Affiliated Acupuncture and Moxibustion Center



Affiliated Judo Therapy Center



Affiliated Medical Clinic





# OUR CAMPUS



Our campus is conveniently located in the Ariake area of Tokyo's Odaiba district, which is internationally recognized as "Tokyo Waterfront City." In partnership with the organizing committee of the 2020 Tokyo Olympic Games and Paralympics, we will work to ensure the success of these Games through our human resources, education and research.



**Gymnasium (Hanada Hall):** This hall, with a capacity of over five hundred, is used for ceremonies and various presentations.



**Cafeteria:** The cafeteria, with its attached terrace, is a great place for rest and relaxation during lunchtime or between classes.



**Judo dojo:** This is a full-scale dojo with 168 tatami mats with a total area of around 278 square meters in size.



**Sakura garden:** This rooftop garden is a place where students can meet and relax. During the cherry blossom season in the spring, people gather around the eponymous cherry tree.



**Library:** In addition to a wealth of books and over 130 seats for reading, the library has quiet private study rooms and group study rooms with high ceilings and large windows that provide an open atmosphere.



**University Festival:** The University Festival is held in the fall each year. People from the community also join the festival to enjoy the various events and booths for hands-on experience of acupuncture and moxibustion, refreshments and games.



**Student support center:** The center handles all aspects of student life as well as scholarships and employment placement support.



# Access to the university

## Location of the university campus



A 13-minute walk from Kokusai-Tenjijyo Station on the Rinkai Line  
A 13-minute walk from Shinonome Station on the Rinkai Line  
A 10-minute walk from Ariake Tennis-no-Mori Station on the Yurikamome Line  
Haneda Airport→Kokusai-Tenjijyo Station: 40 minutes by train  
Narita Airport→Shinonome Station: 80 minutes by train



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